

SEPTEMBER 2020

OCTOBER 2020

VASHON COMMUNITY CARE - ASPIRI

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
<p><u>Native American Day</u> 9:30am Episcopal Service in the Library</p> <p>Bus Loading @ 10:30</p> <p>10:45am Scenic Drive With Jay</p> <p>1:30pm Roger Taylor Singing & Playing Guitar In the Library</p> <p>*****</p> <p>2:30pm Snack Cart Tasty Treats</p> <p>3:30pm Crosswords In the Library</p>	<p><u>Confucius' Birthday</u> 10 or 10:30am Sit to be Fit In the Library</p> <p>11am News and Trivia Activity In the Library</p> <p>1pm Readings by Tamara In The Library</p> <p>2pm Snack Cart Tasty Treats</p> <p>3pm Bingo (iN2L) In the Library</p>	<p>10 or 10:30am Sit to be Fit In the Library</p> <p>11am Pastor Joe Bible Study</p> <p>1:10-2:00pm The Price is Right iN2L *****</p> <p>2pm Snack Cart Tasty Treats</p> <p>3pm Movie & Snack "Dream of Italy" A Travelogue In the Library</p>	<p>10 or 10:30am Sit to be Fit In the Library With Gina on Zoom</p> <p>11am "Who Wants to Be a Millionaire" iN2L *****</p> <p>1:15pm – 2pm Sing Fit In the Library</p> <p>2:15pm Snack Cart Tasty Treats</p> <p>3pm Walk with Bruce & Barry</p>	<p><u>Int'l Coffee Day</u></p> <p>10 or 10:30am Sit to be Fit In the Library</p> <p>11am Trivia In the Library</p> <p>2pm Karaoke Sing a Long (iN2L) In the Library</p> <p>3pm Snack Cart Tasty Treats</p> <p>3pm Movie & Snack "Best of the National Geographic" A Weekly Series</p>	<p><u>World Smile Day</u></p> <p>10 or 10:30am Sit to be Fit In the Library</p> <p>11:15 – 11:45am News and Trivia In the Library</p> <p>1:30- 2:45pm Art Friday In the Library</p> <p>3pm Snack Cart Tasty Treats</p> <p>3pm Walk with Bruce & Barry</p> <p>3:30pm Bingo (iN2L) In the Library</p>	<p>10 or 10:30am Sit to be Fit In the Library</p> <p>11:30am Familiar Readings By Pam Library Activity</p> <p>1:30-2:30pm Vinyl Records & Chair Dancing In the Library</p> <p>3pm Snack Cart Tasty Treats</p> <p>4pm Reminisce with Pam In the Library</p>

Group activities are limited to 5 residents until further notice. *Sign-up sheets for Sit to Be Fit and movies located outside the first floor elevator.

** Programs are subject to change.

OCTOBER 2020

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	5	6	7	8	9	10
<p>9:30am Episcopal Service in the Library</p> <p>Followed by Seahawks On FOX</p> <p>Bus Loading @ 10:30</p> <p>10:45am Scenic Drive With Jay</p> <p>1:30pm Sing Fit With Pam In the Library *****</p> <p>2:30pm Snack Cart Tasty Treats</p> <p>3:30pm Crosswords In the Library</p>	<p>10 or 10:30am Sit to be Fit In the Library</p> <p>11am News and Trivia Activity In the Library</p> <p>1pm Readings by Tamara In The Library</p> <p>2pm Snack Cart Tasty Treats</p> <p>3pm Bingo (iN2L) In the Library</p>	<p>10 or 10:30am Sit to be Fit In the Library</p> <p>11am Brother Chuck Bible Study</p> <p>1:30-2:30pm Talk with Glynis In the Library on ZOOM</p> <p>2pm Snack Cart Tasty Treats</p> <p>3pm Movie & Snack "Narnia" Complements of Jesse In the Library</p>	<p>10 or 10:30am Sit to be Fit In the Library With Gina on Zoom</p> <p>11am "Who Wants to Be a Millionaire" iN2L *****</p> <p>1:15pm – 2pm Sing Fit In the Library</p> <p>2:15pm - 3pm Armchair Travel Rick Steves In the Library</p> <p>3:15pm Snack Cart Tasty Treats</p> <p>3pm Walk with Bruce & Barry</p>	<p>10 or 10:30am Sit to be Fit In the Library</p> <p>11am Trivia In the Library</p> <p>Bus Loading @ 1:30</p> <p>1:45pm Aspiri Scenic Drive With Jay *****</p> <p>2pm Karaoke Sing a Long (iN2L) In the Library</p> <p>3pm Snack Cart Tasty Treats</p> <p>3pm Movie & Snack "Best of the National Geographic" A Weekly Series</p>	<p><u>Leif Erikson Day</u></p> <p>10 or 10:30am Sit to be Fit In the Library</p> <p>11:15 – 11:45am News and Trivia In the Library</p> <p>1:30- 2:45pm Art Friday In the Library</p> <p>3pm Snack Cart Tasty Treats</p> <p>3pm Walk with Bruce & Barry</p> <p>3:30pm Bingo (iN2L) In the Library</p>	<p>10 or 10:30am Sit to be Fit In the Library</p> <p>11:30am Familiar Readings By Pam Library Activity</p> <p>1:30-2:30pm Vinyl Records & Chair Dancing In the Library</p> <p>3pm Snack Cart Tasty Treats</p> <p>4pm Reminisce with Pam In the Library</p>

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OCTOBER 2020

VASHON COMMUNITY CARE - ASPIRI

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11	12	13	14	15	16	17
<p>9:30am Episcopal Service in the Library</p> <hr style="border-top: 1px dashed black;"/> <p>Bus Loading @ 10:30</p> <p>10:45am Scenic Drive With Jay</p> <hr style="border-top: 1px dashed black;"/> <p>1:30pm Roger Taylor Singing & Playing Guitar In the Library *****</p> <p>2:30pm Snack Cart Tasty Treats</p> <hr style="border-top: 1px dashed black;"/> <p>3:30pm Crosswords In the Library</p> <hr style="border-top: 1px solid black;"/> <p>Seahawks In the Library on NBC</p>	<p><u>Indigenous</u> <u>People's Day/</u> <u>Columbus Day</u></p> <p>10 or 10:30am Sit to be Fit In the Library</p> <hr style="border-top: 1px dashed black;"/> <p>11am News and Trivia Activity In the Library</p> <hr style="border-top: 1px dashed black;"/> <p>1pm Readings by Tamara In The Library</p> <hr style="border-top: 1px dashed black;"/> <p>2pm Snack Cart Tasty Treats</p> <hr style="border-top: 1px dashed black;"/> <p>3pm Bingo (iN2L) In the Library</p>	<p>10 or 10:30am Sit to be Fit In the Library</p> <hr style="border-top: 1px dashed black;"/> <p>11am Pastor Joe Bible Study</p> <hr style="border-top: 1px dashed black;"/> <p>1:30-2:30pm Talk with Glynis In the Library on ZOOM</p> <hr style="border-top: 1px dashed black;"/> <p>2pm Snack Cart Tasty Treats</p> <hr style="border-top: 1px dashed black;"/> <p>3pm Movie & Snack "The Sons of Katie Elder" In the Library</p>	<p>10 or 10:30am Sit to be Fit In the Library With Gina on Zoom</p> <hr style="border-top: 1px dashed black;"/> <p>11am "Who Wants to Be a Millionaire" iN2L *****</p> <p>1:15pm – 2pm Sing Fit In the Library</p> <hr style="border-top: 1px dashed black;"/> <p>2:15pm - 3pm Trivia With Allison In the Library</p> <hr style="border-top: 1px dashed black;"/> <p>3:15pm Snack Cart Tasty Treats</p> <hr style="border-top: 1px dashed black;"/> <p>3pm Walk with Bruce & Barry</p> <hr style="border-top: 1px dashed black;"/>	<p>10 or 10:30am Sit to be Fit In the Library</p> <hr style="border-top: 1px dashed black;"/> <p>11am Trivia In the Library</p> <hr style="border-top: 1px dashed black;"/> <p>2pm Ladder Ball In the Hallway 1st & 2nd Floor</p> <hr style="border-top: 1px dashed black;"/> <p>3pm Snack Cart Tasty Treats</p> <hr style="border-top: 1px dashed black;"/> <p>3pm Movie & Snack "Best of the National Geographic" A Weekly Series</p>	<p>10 or 10:30am Sit to be Fit In the Library</p> <hr style="border-top: 1px dashed black;"/> <p>11:15 – 11:45am News and Trivia In the Library</p> <hr style="border-top: 1px dashed black;"/> <p>1:30- 2:45pm Art Friday In the Library</p> <hr style="border-top: 1px dashed black;"/> <p>3pm Snack Cart Tasty Treats</p> <hr style="border-top: 1px dashed black;"/> <p>3pm Walk with Bruce & Barry</p> <hr style="border-top: 1px dashed black;"/> <p>3:30pm Bingo (iN2L) In the Library</p>	<p>10 or 10:30am Sit to be Fit In the Library</p> <hr style="border-top: 1px dashed black;"/> <p>11:30am Familiar Readings By Pam Library Activity</p> <hr style="border-top: 1px dashed black;"/> <p>1:30-2:30pm Vinyl Records & Chair Dancing In the Library</p> <hr style="border-top: 1px dashed black;"/> <p>3pm Snack Cart Tasty Treats</p> <hr style="border-top: 1px dashed black;"/> <p>4pm Reminisce with Pam In the Library</p>

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VASHON COMMUNITY CARE - ASPIRI


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18	19	20	21	22	23	24
<p>9:30am Episcopal Service in the Library</p> <p>Bus Loading @ 10:30</p> <p>10:45am Scenic Drive With Jay</p> <p>1:30pm Sing Fit With Pam In the Library *****</p> <p>2:30pm Snack Cart Tasty Treats</p> <p>3:30pm Crosswords In the Library</p>	<p>10 or 10:30am Sit to be Fit In the Library</p> <p>11am News and Trivia Activity In the Library</p> <p>1pm Readings by Tamara In The Library</p> <p>2pm Snack Cart Tasty Treats</p> <p>3pm Bingo (iN2L) In the Library</p>	<p>10 or 10:30am Sit to be Fit In the Library</p> <p>11am Brother Chuck Bible Study</p> <p>1:30-2:30pm Talk with Glynis In the Library on ZOOM</p> <p>2pm Snack Cart Tasty Treats</p> <p>3pm Movie & Snack "Pippi Longstockings" In the Library</p>	<p>10 or 10:30am Sit to be Fit In the Library With Gina on Zoom</p> <p>11am "Who Wants to Be a Millionaire" iN2L *****</p> <p>1:15pm – 2pm Sing Fit In the Library</p> <p>2:15pm - 3pm Trivia With Allison In the Library</p> <p>2pm Snack Cart Tasty Treats</p> <p>3pm Walk with Bruce & Barry</p>	<p><u>Nat'l Nut Day</u></p> <p>10 or 10:30am Sit to be Fit In the Library</p> <p>11am Trivia In the Library Bus Loading @ 1:30</p> <p>1:45pm Aspiri Scenic Drive With Jay</p> <p>2pm Karaoke Sing a Long (iN2L) In the Library</p> <p>3pm Snack Cart Tasty Treats</p> <p>3pm Movie & Snack "Best of the National Geographic"</p>	<p><u>Breast Cancer</u> <u>Awareness</u> <u>Wear Pink</u></p> <p>10 or 10:30am Sit to be Fit In the Library</p> <p>11:15 – 11:45am News and Trivia In the Library</p> <p>1:30- 2:45pm Art Friday In the Library</p> <p>3pm Snack Cart Tasty Treats</p> <p>3pm Walk with Bruce & Barry</p> <p>3:30pm Bingo (iN2L) In the Library</p>	<p>10 or 10:30am Sit to be Fit In the Library</p> <p>11:30am Familiar Readings By Pam Library Activity</p> <p>1:30-2:30pm Vinyl Records & Chair Dancing In the Library</p> <p>3pm Snack Cart Tasty Treats</p> <p>4pm Reminisce with Pam In the Library</p>

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VASHON COMMUNITY CARE - ASPIRI

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	31
<p><u>Grandparent's Day</u> 9:30am Episcopal Service in the Library</p> <hr/> <p>10:45am Scenic Drive With Jay</p> <hr/> <p>1:05pm Seattle Seahawks On FOX In the Library *****</p> <hr/> <p>2:30pm Snack Cart Tasty Treats</p> <hr/> <p>3:30pm Crosswords In the Library</p>	<p>10 or 10:30am Sit to be Fit In the Library</p> <hr/> <p>11am News and Trivia Activity In the Library</p> <hr/> <p>1pm Readings by Tamara In The Library</p> <hr/> <p>2pm Snack Cart Tasty Treats</p> <hr/> <p>3pm Bingo (iN2L) In the Library</p>	<p>10 or 10:30am Sit to be Fit In the Library</p> <hr/> <p>11am Pastor Joe Bible Study</p> <hr/> <p>1:30-2:30pm Talk with Glynis In the Library on ZOOM</p> <hr/> <p>2pm Snack Cart Tasty Treats</p> <hr/> <p>3pm Movie & Snack "Hondo" In the Library</p>	<p><u>Nat'l Chocolate Day</u></p> <p>10 or 10:30am Sit to be Fit In the Library With Gina on Zoom</p> <hr/> <p>11am "Who Wants to Be a Millionaire" iN2L *****</p> <p>1:15pm – 2pm Sing Fit In the Library</p> <hr/> <p>2:15pm - 3pm Trivia With Allison In the Library</p> <hr/> <p>2pm Snack Cart Tasty Treats</p> <hr/> <p>3pm Walk with Bruce & Barry</p>	<p>10 or 10:30am Sit to be Fit In the Library</p> <hr/> <p>11am Trivia In the Library</p> <hr/> <p>2pm Corn Hole In the Hallways 1st and 2nd Floor</p> <hr/> <p>2pm Snack Cart Tasty Treats</p> <hr/> <p>3pm Movie & Snack "Best of the National Geographic" A Weekly Series</p>	<p>Wear Pink Day</p> <p>10 or 10:30am Sit to be Fit In the Library</p> <hr/> <p>11:15 – 11:45am News and Trivia In the Library</p> <hr/> <p>1:30- 2:45pm Art Friday In the Library</p> <hr/> <p>3pm Snack Cart Tasty Treats</p> <hr/> <p>3pm Walk with Bruce & Barry</p> <hr/> <p>3:30pm Bingo (iN2L) In the Library</p>	 <p>10 or 10:30am Sit to be Fit In the Library</p> <hr/> <p>11:30am Familiar Readings By Pam Library Activity</p> <hr/> <p>1:30-2:30pm Vinyl Records & Chair Dancing In the Library</p> <hr/> <p>3pm Snack Cart Tasty Treats</p> <hr/> <p>4pm Reminisce with Pam In the</p>

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