

# SEPTEMBER 2020

# OCTOBER 2020

## Vashon Community Care - Beardsley

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
<b>9:30 Worship Service</b>	<b>Sit &amp; Be Fit</b>	<b>Sit &amp; Be Fit</b>	<b>Yoga (Seated)</b>	<b><u>Int'l</u> Coffee Day</b>	<b><u>World</u> Smile Day</b>	<b>Sit &amp; Be Fit</b>
<b>Garden Time</b>	<b>Trivia</b>	<b>Karaoke Sing a Long</b>	<b>Hand Spa &amp; Nail Care</b>	<b>Sit &amp; Be Fit</b>	<b>Tai Chi (Seated)</b>	<b>Reminisce</b>
<b>Sunday at the Movies</b>	<b>Short Stories</b>	<b>Walking Club</b>	<b>Poetry Read</b>	<b>Trivia</b>	<b>Bowling</b>	<b>Sing a Long with Susie</b>
<b>Snack and Chat</b>	<b>Color Your Way Content</b>	<b>Exploring Art</b>	<b>Garden Time</b>	<b>Snack and Chat</b>	<b>Color My World</b>	<b>Garden Time</b>
<b>Puzzle Time</b>	<b>Garden Time</b>	<b>Snack and Chat</b>	<b>Snack and Chat</b>	<b>Walking Club</b>	<b>Snack and Chat</b>	<b>Curiosity Hour</b>
	<b>Snack and Chat</b>	<b>Armchair Travel &amp; Trivia</b>	<b>Walking Club</b>	<b>Karaoke Sing a Long</b>	<b>Armchair Travel &amp; Trivia</b>	<b>Snack and Chat</b>
	<b>Walking Club</b>	<b>Wheel of Fortune</b>	<b>Trivia</b>	<b>Color Your Way Content</b>	<b>Walking Club</b>	<b>Bonanza</b>
	<b>Jeopardy</b>		<b>Jeopardy</b>	<b>Wheel of Fortune</b>	<b>Jeopardy</b>	

Type the name, address, and other information about your community/company here.

# OCTOBER 2020

## Vashon Community Care - Beardsley

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	5	6	7	8	9	10
<b>9:30 Worship Service</b>	<b>Sit &amp; Be Fit</b>	<b>Sit &amp; Be Fit</b>	<b>Yoga (Seated)</b>	<b>Sit &amp; Be Fit</b>	<b><u>Leif Erikson Day</u></b>	<b>Sit &amp; Be Fit</b>
<b>Garden Time</b>	<b>Trivia</b>	<b>Karaoke Sing a Long</b>	<b>Hand Spa &amp; Nail Care</b>	<b>Bowling</b>	<b>Tai Chi (Seated)</b>	<b>Reminisce</b>
<b>Sunday at the Movies</b>	<b>Short Stories</b>	<b>Walking Club</b>	<b>Poetry Read</b>	<b>Trivia</b>	<b>Garden Time</b>	<b>Sing a Long with Susie</b>
<b>Snack and Chat</b>	<b>Color Your Way Content</b>	<b>Exploring Art</b>	<b>Garden Time</b>	<b>Snack and Chat</b>	<b>Color My World</b>	<b>Garden Time</b>
<b>Puzzle Time</b>	<b>Garden Time</b>	<b>Snack and Chat</b>	<b>Snack and Chat</b>	<b>Walking Club</b>	<b>Snack and Chat</b>	<b>Curiosity Hour</b>
	<b>Snack and Chat</b>	<b>Armchair Travel &amp; Trivia</b>	<b>Walking Club</b>	<b>Karaoke Sing a Long</b>	<b>Armchair Travel to Norway &amp; Trivia</b>	<b>Snack and Chat</b>
	<b>Walking Club</b>		<b>Trivia</b>	<b>Color Your Way Content</b>	<b>Walking Club</b>	<b>Bonanza</b>
	<b>Jeopardy</b>	<b>Wheel of Fortune</b>	<b>Jeopardy</b>	<b>Wheel of Fortune</b>	<b>Jeopardy</b>	

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## Vashon Community Care - Beardsley

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11	12	13	14	15	16	17
<b>9:30 Worship Service</b>	<b>Columbus Day</b>	<b>Sit &amp; Be Fit</b>	<b>Yoga (Seated)</b>	<b>Sit &amp; Be Fit</b>	<b>Tai Chi (Seated)</b>	<b>Sit &amp; Be Fit</b>
<b>Garden Time</b>	<b>Indigenous People's Day</b>	<b>Karaoke Sing a Long</b>	<b>Hand Spa &amp; Nail Care</b>	<b>Crock Pot Baking</b>	<b>Garden Time</b>	<b>Reminisce</b>
<b>Sunday at the Movies</b>	<b>Sit &amp; Be Fit</b>	<b>Walking Club</b>	<b>Poetry Read</b>	<b>Trivia</b>	<b>Color My World</b>	<b>Sing a Long with Susie</b>
<b>Snack and Chat</b>	<b>Trivia</b>	<b>Exploring Art</b>	<b>Garden Time</b>	<b>Snack and Chat</b>	<b>Snack and Chat</b>	<b>Garden Time</b>
<b>Puzzle Time</b>	<b>Short Stories</b>	<b>Snack and Chat</b>	<b>Snack and Chat</b>	<b>Walking Club</b>	<b>Armchair Travel &amp; Trivia</b>	<b>Curiosity Hour</b>
	<b>Color Your Way Content</b>	<b>Armchair Travel &amp; Trivia</b>	<b>Walking Club</b>	<b>Karaoke Sing a Long</b>	<b>Walking Club</b>	<b>Snack and Chat</b>
	<b>Garden Time</b>	<b>Wheel of Fortune</b>	<b>Trivia</b>	<b>Color Your Way Content</b>	<b>Jeopardy</b>	<b>Bonanza</b>
	<b>Snack and Chat</b>		<b>Jeopardy</b>	<b>Wheel of Fortune</b>		
	<b>Walking Club</b>					
	<b>Jeopardy</b>					

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## Vashon Community Care - Beardsley

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18	19	20	21	22	23	24
<b>9:30 Worship Service</b>	<b>Sit &amp; Be Fit</b>	<b>Sit &amp; Be Fit</b>	<b>Yoga (Seated)</b>	<b><u>Nat'l Nut Day</u></b>	<b><u>Breast Cancer Awareness</u></b>	<b>Sit &amp; Be Fit</b>
<b>Garden Time</b>	<b>Trivia</b>	<b>Karaoke</b>	<b>Hand Spa &amp; Nail Care</b>	<b>Sit &amp; Be Fit</b>	<b><u>Wear Pink</u></b>	<b>Reminisce</b>
<b>Sunday at the Movies</b>	<b>Short Stories</b>	<b>Sing a Long</b>	<b>Poetry Read</b>	<b>Bowling</b>	<b>Tai Chi (Seated)</b>	<b>Sing a Long with Susie</b>
<b>Snack and Chat</b>	<b>Color Your Way Content</b>	<b>Walking Club</b>	<b>Garden Time</b>	<b>Trivia</b>	<b>Garden Time</b>	<b>Garden Time</b>
<b>Puzzle Time</b>	<b>Garden Time</b>	<b>Exploring Art</b>	<b>Snack and Chat</b>	<b>Snack and Chat</b>	<b>Color My World</b>	<b>Curiosity Hour</b>
	<b>Snack and Chat</b>	<b>Snack and Chat</b>	<b>Walking Club</b>	<b>Walking Club</b>	<b>Snack and Chat</b>	<b>Snack and Chat</b>
	<b>Walking Club</b>	<b>Armchair Travel &amp; Trivia</b>	<b>Trivia</b>	<b>Karaoke</b>	<b>Armchair Travel &amp; Trivia</b>	<b>Bonanza</b>
	<b>Jeopardy</b>	<b>Wheel of Fortune</b>	<b>Jeopardy</b>	<b>Sing a Long</b>	<b>Walking Club</b>	
				<b>Color Your Way Content</b>	<b>Jeopardy</b>	
				<b>Wheel of</b>		

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## Vashon Community Care - Beardsley

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	31
<b>9:30 Worship Service</b>	<b>Sit &amp; Be Fit</b>	<b>Sit &amp; Be Fit</b>	<b><u>Nat'l</u> <u>Chocolate</u> <u>Day</u></b>	<b>Sit &amp; Be Fit</b>	<b><u>Wear Pink</u> <u>Day</u></b>	
<b>1:05 pm</b>	<b>Trivia</b>	<b>Karaoke</b>	<b>Yoga (Seated)</b>	<b>Garden Time</b>	<b>Tai Chi (Seated)</b>	
	<b>Short Stories</b>	<b>Sing a Long</b>		<b>Trivia</b>	<b>Garden Time</b>	
<b>Sunday at the Movies</b>	<b>Color Your Way Content</b>	<b>Walking Club</b>	<b>Hand Spa &amp; Nail Care</b>	<b>Snack and Chat</b>	<b>Color My World</b>	<b>Sit &amp; Be Fit</b>
<b>Snack and Chat</b>	<b>Garden Time</b>	<b>Exploring Art</b>	<b>Poetry Read</b>	<b>Walking Club</b>	<b>Snack and Chat</b>	<b>Reminisce</b>
<b>Puzzle Time</b>	<b>Snack and Chat</b>	<b>Snack and Chat</b>	<b>Garden Time</b>	<b>Karaoke</b>	<b>Armchair Travel &amp; Trivia</b>	<b>Sing a Long with Susie</b>
	<b>Walking Club</b>	<b>Armchair Travel &amp; Trivia</b>	<b>Snack and Chat</b>	<b>Sing a Long</b>	<b>Walking Club</b>	<b>Garden Time</b>
	<b>Jeopardy</b>	<b>Wheel of Fortune</b>	<b>Walking Club</b>	<b>Color Your Way Content</b>	<b>Jeopardy</b>	<b>Curiosity Hour</b>
			<b>Trivia</b>	<b>Wheel of Fortune</b>		<b>Snack and Chat</b>
			<b>Jeopardy</b>			<b>Bonanza</b>

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